

Membership entitles you to use the network of farms, which we are always trying to increase.

Our fees are designed to fully cover our expenses, and leave a small surplus which is used for publicity and promotional purposes.

WWOOF Australia gets no Government funding, nor any financial subsidies from other sources.

Because many enquiries come from overseas, leading to high mailing costs, we charge a little more to overseas members.

Send the annual subscription below (per person or per couple) to our address and your worklist will be sent to you:-

From Overseas

US Personal checks \$25
 UK Personal cheques 10
 International Bank draft Aus\$20
 Cash US\$20, AUS\$20
 (wrapped in paper) UK 10, DM30

From Australia or New Zealand

Personal Cheques \$15
 Money Orders (From POs) \$15
 Cash, Aus or NZ \$15

Please complete the attached application form and send it to:-

WWOOF
 Mt Murrindal Co-op,
 W. Tree,
 Via Buchan, Vic 3885,
 Australia.

The following WWOOF style groups are independant groups with their own fees and ways of working. Please contact them direct for joining details.

APOG, c/o Torbjorn Dahl, Lokkest 23
 N-2600 Lillehammer, Norway

INTEGRAL, Co-ordinadora De Agric.
 Ecologica, Apdo 2580, 08080
 Barcelona, Spain.

MAWOOF, Jeanne Nye, 1601 Lakeside
 Ave #607, Richmond, Va 23228, USA
 NATURE ET PROGRES, Liste des
 Service, Alancourt, Nancy, 51200
 Epernay, France

NEWOOF, New England Small Farms
 Institute, PO Box 937, Belchertown
 Ma 01007, USA.

SATIVA, Route 2 box 242-W, Viola,
 Wisconsin 54664, USA

VIII, c/o Inna & Gert Busck-
 Pedersen, Enggarden, Klejtrupvej
 35, Hvirnum, 9500 Hobro, Denmark.

WEEBIO D. Adolphe, Chaupreheid 64
 B-4081 Cherron, Belgium

WWOOF (UK), Don Pynches, 19
 Bradford Rd, Lewes, BN17 1RB,
 Sussex

WWOOF (AUS), Lionel Pollard, Mt.
 Murrindal Co-op, Buchan, Vic 3885

WWOOF (Deutschland), Rudesheimer Str
 33, D-6222 Geisenheim, W Germany.

WWOOF (NZ), Jane Strange, 186
 Collingwood St, Nelson, NZ.

WWOOF (Ireland) Annie Sampson,
 Crowhill, Newgrove, Tulla, Co
 Clare, Ireland.

WWOOF (Canada), John Vanden
 Hauvel, RR2, Carlson Rd, Nelson,
 B.C. Canada V1L 5P5 (Can\$10 cash)

WWOOF (UK) Training Scheme, 17
 Bourn Bridge Rd, Lt Abington,
 Cambridge, CB1 6BJ, England.

If planning a world trip, join the group that suits your needs. Let one of the groups know of your experiences - it makes good newsletter material. Leave this list, or a brochure, where others may see it.

W W O O F

WILLING

WORKERS

ON

ORGANIC

FARMS

(AUSTRALIA)



Christian Name.....
Surname.....
OF (address for notices)
Street.....
Town.....
Country.....

I wish to become a member of WWOOF.
I agree with the aims of WWOOF and
will do my best to uphold its good
name in the organic movement. I
understand that WWOOF's function is
limited to bringing people into
contact with farmers prepared to
have them and that WWOOF can accept
no responsibility for any loss or
damage I may suffer, sustain or
cause. I am over 16 years of age.

Signed

Dated

I heard of WWOOF through
.....

Please remember to include your
subscription as per the brochure

Please send to:-

WWOOF,
Mt Murrindal Co-op
W. Tree,
Via Buchan,
Vic 3885.
Australia.

Phone (051) 55 0218 or 16 no reply

WILLING WORKERS ON ORGANIC FARMS

WWOOF began life in England during
1971 when a group of young people
spent a weekend working at a farm
in Sussex as a change from their
city lives. The idea caught on, an
organisation was born and in 1974
spread to New Zealand. In 1980 new
groups sprang up in the US and in
Australia, and since then in
Belgium, Canada, France, Germany,
Ireland, Norway and Spain.

WWOOF AUSTRALIA started up at the
end of 1980, has approximately 140
host farms, and about 400 student
subscribers at any one time.
Australian regions (and farms) are:
Southern Rgn Vic 21, Tas 14, SA 9,
New Sth Wls ACT 12, Mid 22, Nth 21,
Queensland, Sth 14, Mid 3, Nth 17,
West Australia, 4, NT, 1.

WHAT IS WWOOF?

Wwoof is an exchange - in return
for a chance to learn something
about organic growing methods, and
for some help on your hosts farm,
smallholding or garden, you will
receive meals and somewhere to
sleep.

WWOOF'S AIMS are:-

- * to give first-hand experience of
Organic growing methods
- * to give a chance to get into
the country
- * to help the organic movement
which is often labour intensive and
doesn't rely on chemicals for
fertility or persistent poisons for
pest control.
- * to give a chance to meet,
talk, learn and exchange views with
others in the movement.

WHAT SORT OF FARMS?

A few of our farms are alternative
communities, and a few are private
parts of such communities; the rest
are family farms. Most are pursuing
a simple, sustainable lifestyle
with a strongly self-sufficient
element. A number do produce a
marketable surplus, while about 25
to 30 are commercial producers.

ORGANIC FARMING STUDENTSHIPS

We now have a network of commercial
certified organic farms to cater
for the needs of serious students
of agriculture for periods of up to
12 months. Membership is separate
from WWOOF, costing \$20 Aus direct,
less if joining through your
college, university or other
institution for whom the fee to us
is \$50. Please ask for our separate
brochure on the working of OFS.

LONG TERM WWOOFING

About 30 of our farms are prepared
to take students for periods of up
to 6 months. The worklist entries
marked with a * give the extra
information you may need to decide
how best to use this service.

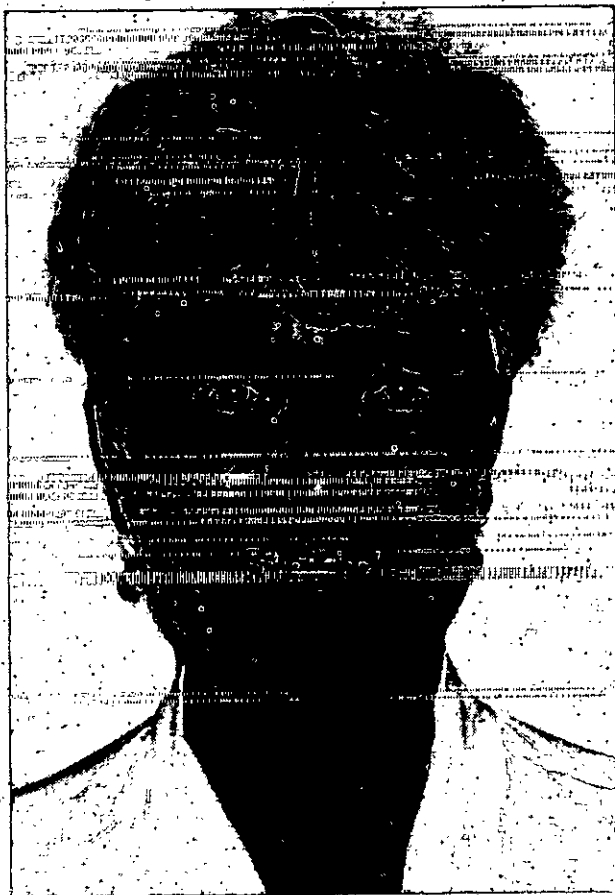
WORKLIST

This is your membership booklet and
detailed farm guide and is not to
be given to non-members. From it you
simply choose the farm you wish to
visit, make contact and arrange a
mutually convenient time and
period, then turn up, sleeping bag
and boots in hand and ready to
work!

Worklists are printed once a year
and an amendment sheet produced
each month. The latest sheet can be
be obtained for 2x\$1 stamps

BOOKINGS

Bookings can be made by phone or
letter direct to the farm you
choose. If booking from overseas
please enclose 2 International
Reply Coupons to ensure you get an
Airmailed reply. WWOOF's booking
service is available at a charge of
\$10 (additional to joining fee) -
choose 3 farms in order of
preference give dates required, and
we will arrange your booking and



Carol Perry

*"The means are
the ends
in the making".*

Gandhi

*"No problem can be
solved using the same
consciousness that caused
the problem".*

Einstein



Carol Perry & Associates
1 Ross Road,
The Channon, N.S.W. 2480.
Telephone: (02) 6688 6269
Facsimile: (02) 6688 6193

Carol Perry & Associates

DISPUTE
MEDIATION

FACILITATION

STAFF
DEVELOPMENT

MANAGEMENT
SUPPORT

Ph: (02) 6688 6269

Resolve your Differences Differently

"Dispute mediation is a process in which an impartial third party assists people in conflict to negotiate a mutually acceptable agreement in an atmosphere of understanding and respect".

Services

- **Dispute Mediation**
For individuals, groups and organisations.
- **Meeting Facilitation**
Difficult issue or decision?
A skilled independent facilitator can manage conflict, save time & enliven your group's creative edge.
- **Public Consultation**
Facilitation of public meetings involving a range of participants who reflect the diversity of interests in a community.

Refine your Workplace Skills

"To know and to not do, is to not yet know".
Anon.

Training Services

- **Communication & Conflict Management Training**
- **Negotiation & Dispute Mediation Training**
- **Staff Coaching & Supervision Skills Training**

Management Support Services

- **Coaching & Mentoring**
One-to-One Coaching in:
Interpersonal Skills
Leadership
Staff Supervision
Planning & Evaluation
- **Team Building**

Carol Perry Experience

Mediation & Conflict Resolution

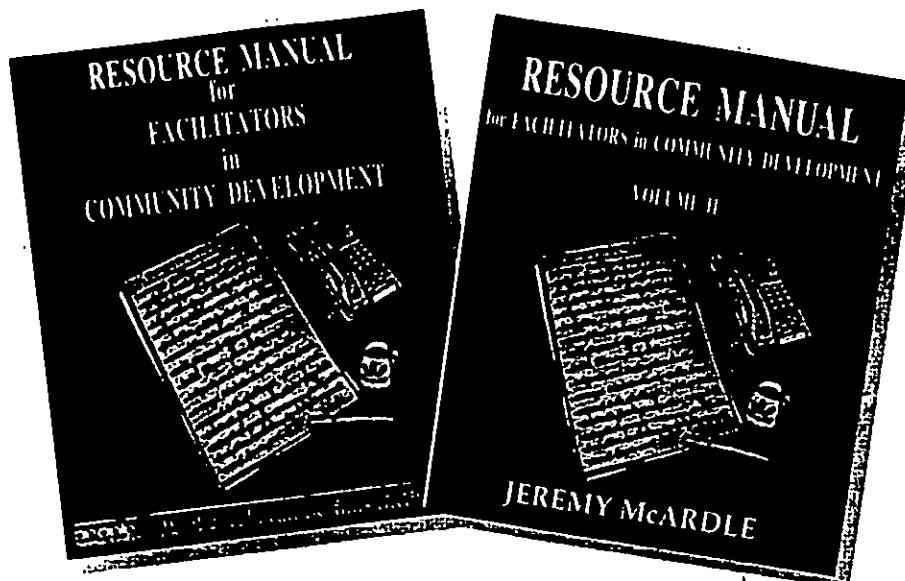
- Ten years' mediation experience
- Accredited Environmental Mediator, Australian Commercial Disputes Centre
- Principal Mediator, Lismore City Council
- Accredited Mediator, Family Life Mediation Service
- Conflict Resolution Training for N.G.O.'s in the former Yugoslavia
- Established and Managed the former Lismore Community Dispute Resolution Service
- Co-author of module entitled "Conflict Resolution Strategies" for Southern Cross University

Management

- Eight years' management experience
- Twelve years' experience training staff in government departments, agencies and the private sector
- Chairperson of five community committees
- **Community Development:**
Developed three community education projects, established five community based services, covenor of four national conferences

Education

- B.A. (Melb.), Dip. Teaching, Dip. Soc. Sci. (Psych., Conflict Resolution)



A PRACTICAL COMPANION TO FACILITATORS AT ALL LEVELS OF EXPERIENCE

Vista Publications is pleased to announce a second volume of *Resource Manual for Facilitators in Community Development*.

Volume I, released in 1993, received wide acclaim both as a training resource and as a storehouse of practical techniques for community organisations and workers.

Both Volume I and Volume II utilise an accessible style and cover the areas of:

Volume I

- budgetting
- consensus decision making
- dealing with the media
- facilitation skills
- formal meetings
- group development
- lobbying strategies
- media releases
- needs assessment
- planning
- social marketing
- submission writing

Volume II

- a guide for decision-makers
- applied community development
- community management structures
- essential conflict resolution and communication techniques
- grievance procedures
- group processes for tackling interpersonal issues within organisations
- movement building
- networking and collaboration
- strategic planning processes
- team building techniques

Both volumes are structured into modules making it ideal both as a training resource or as a self-directed workbook.

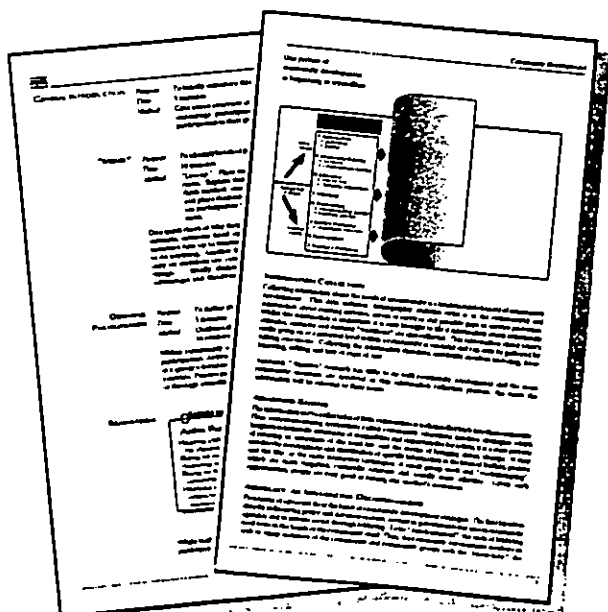
Each module contains step-by-step facilitation notes extensively illustrated with diagrams and charts, participatory exercises, sample outcomes and discussion prompts. Handouts and worksheets are in easy to photocopy form and can also be utilised as overhead transparencies.

Contents Volume I

- ☐ Community Development
- ☐ Workshopping Techniques
- ☐ Lobbying Techniques
- ☐ Submission Writing
- ☐ Encouraging Participation
- ☐ Meeting Strategies
- ☐ Publicity Strategies

Contents Volume II

- ☐ Applied Community Development
- ☐ Community Management
- ☐ Building Teams that Work
- ☐ Networking, Collaboration and Movement Building



ORDER FORM

I wish to purchase:

- RESOURCE MANUAL Volume I..... ☐
- RESOURCE MANUAL Volume II (unbound)..... ☐

Cheques should be made out to "VISTA PUBLICATIONS" and sent to PO Box 76 St Kilda Victoria 3182.

Please send mecopy/copies of the unbound RESOURCE MANUAL at \$40, includes postage.

Volume I is available at \$45, includes postage.

Both Volume I and Volume II is \$75, including postage.

I enclose a cheque for \$ _____

Name _____

Address _____

Phone _____ Postcode _____

VISTA PUBLICATIONS
offering self-publishing opportunities
PO Box 76, St Kilda, 3182 Tel: (03) 9534 8881



CREATING PEACEFUL RELATIONSHIPS IN A DOMINATOR CULTURE

- TO BUILD EQUALITY, EMPOWERMENT, SELF-FULFILLMENT & EMOTIONAL INTIMACY IN LOVE, FRIENDSHIP, FAMILY, SOCIAL ACTION & WORK RELATIONSHIPS
- AS A CENTRAL STRATEGY FOR PEACE, JUSTICE & ENVIRONMENTAL SOCIAL ACTIVISM

Two Weekend Workshops In Lismore Led by Bill Moyer

Who can Participate: Men & women, individuals, couples, friends, co-workers and members of groups and organizations who want to increase their personal power and equality, while reducing stress in their relationships, especially at those times when they usually "lose it." The workshop is also for socially concerned people who want to live each moment of *all* their relationships according to their deepest human values and spiritual ideals. To achieve peace in the world, we need to create peace within ourselves and in our relationships and organizations. Participants in previous workshops can also attend.

PARTICIPANTS CAN LEARN:

- * What an equal, empowered and peaceful relationship is & how to achieve it.
- * Why we cycle around being powerless victims, rescuers and angry controllers, & what to do about it.
- * How to act on inner wisdom of your body, mind and emotions, without reacting out of fear or anger.
- * To develop a powerful and peaceful spirit of serenity, inner-peace, compassion and inter-personal competence in daily relationships, even during distressful incidents that usually "set you off."
- * How to switch from the Dominator to an empowered Peaceful Model of being and relating to others.
- * Apply the theory & methods of *verbal* Aikido, the nonviolent martial art, to your daily life.
- * Specific techniques to apply the teachings of the workshop to your daily life.

The workshop models equal, safe, empowering and emotionally intimate relationships, while participants learn to support each other to change without giving advice & judgements. Everyone's innate value is honored, while avoiding guilt, blame & shame.

Saturday & Sunday, August 8 & 9, 1998
Saturday & Sunday, August 15 & 16, 1998
9:30 a.m. - 5 p.m. (Reg.: 9:15 a.m., Saturday); Snacks & beverage provided.
Cost: \$80 - \$200 (Sliding Scale)

BILL MOYER is the Executive Director of the Social Movement Empowerment Project in San Francisco. This is his sixth training trip to Australia. Bill has been an organizer and trainer in social and personal change for 35 years in the U.S., Canada, Eastern & Western Europe and Australia. He has worked in the civil rights, anti-Vietnam War, anti-nuclear energy and weapons, & domestic violence movements, among others. He was also on the staff of Martin Luther King's Southern Christian Leadership Conference. Over 10,000 people have attended his workshops and his publications are in many languages.

FOR MORE INFORMATION OR TO REGISTER:

Call (02) 6688 6269 or Mail the tear-off form below to: Bill Moyer, 1 Ross Rd, The Channon, NSW 2480

I Want to Attend (Check One): ☐ August 8 & 9 workshop; ☐ August 15 & 16 workshop

Enclosed is my registration of \$ _____ (\$25 minimum, paid to "Bill Moyer") to reserve my place.

The full Fee that I intend to pay for the workshop is \$ _____.

☐ I cannot attend this date, but I am interested in attending on a date that I am available.

☐ Please take me off of your mailing list.

☐ I am interested in organizing a workshop for Bill Moyer for my own group or area.

Name..... Tele: Day Night

Address PC

Organization (if any) Email

OVERVIEW

The Dalai Lama reminds us that the purpose of life is to be happy. Yet, it is difficult to attain, especially in the place where we often look for it most -- in our relationships with others. Humans are social beings; we need close, connected, cooperative and loving relationships. Consequently, we are naturally peaceful, compassionate, loving, cooperative, caring and friendly. However, these natural needs and capacities of ours have been drastically undercut with the advent of the Dominator Model of human relationships, about 5-10,000 years ago, as the predominate basis for human societies. In this model, control and power *over* others are the norm, instead of cooperation and power *with* others. We're now so steeped in the dominator culture that our own coercive behavior, e. g., arguing, competition, unwanted judgements and opinions, put-downs and blaming, is often invisible to us (but not to others), because it is considered "normal." This creates unnecessary deep emotional hurts, depression, confusion, and separation. Even though we might seek a nonviolent peaceful culture and desire close and fulfilling relationships, we are often like fish in water, unable to see that we're swimming in a dominator culture, when it comes to our subtle relationship patterns.

The **Creating Peaceful Relationships in a Dominator Culture** workshop helps participants to learn practical perspectives, methods and techniques for "being peace" and "doing peace" throughout each day and to skillfully adopt behaviors of empowerment, cooperation, self-fulfillment, equality and emotional intimacy. At the same time, it helps participants to recognize their emotional, verbal and physical controlling behavior patterns at increasingly subtle levels. It shows how we carry these out by playing, in turn, the persecutor, victim and rescuer roles -- **all of which are dominator behaviors!** Participants learn how to identify and to stop doing their (often unconscious) controlling behaviors and replace them with a new level of awareness & actions of a peace culture. And they learn how to be a powerful human being without controlling others or being controlled by them.

The only way peace work works is if the work is done by peaceful people. To be a social activist demands that you work on yourself harder than ever. Ram Dass.

COMMENTS FROM PARTICIPANTS

"This workshop is a must! Its ideas reach far beyond those of current human psychology, providing new tools and insights for communication at any level. I absolutely recommend it for anyone interested in improving their communication and relationship skills." **Nancy Condy, Bolinas, California.**

"The workshop had a profound effect upon my husband and I. Our relationship has not only been dramatically improved, but our interactions with our children have greatly improved. We are simply more conscious of our behaviour and try not to fall unthinkingly into the dominator role, which we've learned from childhood. The kids respond well to respect and non-coercive behaviour." **Carol Brouillet, Palo Alto, California**

"The on-going class is one of the most worthwhile learning experiences I've had in a long time. I believe this is cutting edge work to free ourselves from the effects of patriarchy and a necessary step in recreating a partnership culture." **Fred Cook, San Francisco**

"In order to survive at this point in our evolution, we humans are challenged to veer away from the self-destructive path we are on. However, we are like fish unaware of the water in which we swim, when it comes to perceiving our culture of violence acted out in everyday normal life. Bill Moyer's process is absolutely essential to creating a new culture. Only by seeing what we are doing, both to others and to ourselves, can we consciously choose to transcend our embedded dominator patterns and exuberantly create a peace culture of cooperation and co-creation." **Mary Beth Brangan, Options 2000, Bolinas, California.**

"As a social activist for 47 years, I would highly recommend Bill Moyer's workshop on personal and political relationships. It opened my eyes and heart into the depth of my behaviour in social change groups and in personal relationships in ways that can transform my work and relationships" **Jean McLoren, Raging Grannies, Nanoose Conversion Campaign, & nonviolent trainer, Gabriola Island, BC, Canada**

"I wish all my friends and family could take this course! We all want to have peace in the world and the skills Bill teaches are essential to being able to actually create peace in our relationships and ultimately, hopefully, a peaceful world." **Martine Algler, Bolinas, California.**

"The class has been a transforming experience for me and my relationship. every week my partner and I spend an hour or two after class applying it to our relationship. Also, as training staff for Pace e Bene, I will include the material from the class in my workshops for activists in three Western states. This needs to be included as standard training for activists." **Ken Butigan, Pace e Bene, training staff, San Francisco**